



bornlearning[®]

Born Learning Trails are a series of 10 interactive signs that offer fun, active learning activities for young children and their families. They help parents, caregivers and communities create quality engagement opportunities when out on a stroll or visiting a local playground.

Children are constantly learning from their everyday experiences. To encourage this, children will see signs that say "Watch! Stop! Learn! Play!" to foster their curiosity, confidence, and learning.

A child's first 5 years of brain development are incredibly important and studies show that children facing adversity can quickly fall behind; however, this can be counteracted through "high-quality early childhood education."

Born Learning Trails encompass all 5 domains of early-childhood learning: physical, cognitive, communicative, socioemotional, and adaptive.



hop
toss
shake wiggle

Get up and moving with your child.

this:

1. Play hopscotch. Toss a small rock on one of the squares. Then hop over it.

2. Have your arms or tap your head as you hop.

3. Call out a number and ask your child to stand on it. Take turns.

3

2 1

Let children's